

## Introduction

Centres for Health and Education Programmes (CHEPs) is a registered Non-Governmental Organization (NGO) in Kenya. Our goal is to empower, promote access and improve quality of health and education for the benefit of under resourced individuals and communities.

It is alarming that 282 million people worldwide have abnormal vision and 14% of these are completely blind. Also of concern is the fact that 90% of visually impaired people live in low-income settings. CHEPs is on a mission to prevent, improve or restore the eyesight of people in remote, marginalised and needy communities. CHEPs identifies the beneficiaries through its presence and wide network among these communities. CHEPs eye camps are organised in collaboration with local communities, leaders, hospitals and health workers. During the eye camps, beneficiaries are screened and provided advice and treatment for a variety of eye conditions. Spectacles are provided for refractive errors to improve their vision. Surgeries are conducted to restore vision among those blind due to cataract.

CHEPs has already conducted 137 eye camps among impoverished communities across Kenya providing services to over 52,306 needy people. Over 40,996 have been provided with various eye medications and over 15,746 supplied with spectacles. Over 7,595 surgeries have been performed restoring vision to the cataract blind

137<sup>th</sup> eye camp was held in Lamu Island, also known as "The Island of festivals" is a UNESCO world heritage site that attracts tourists from all over the world. It however also faces a range of medical challenges including prevalent eye diseases.

The following services where offered by the CHEPs team free of charge:

- Total number of patients served –500
- Eye drops dispensed to treat various eye diseases 350
- Readers dispensed-150
- Cataract blindness diagnosed and operated 53

The eye camp.

## Screening of patients

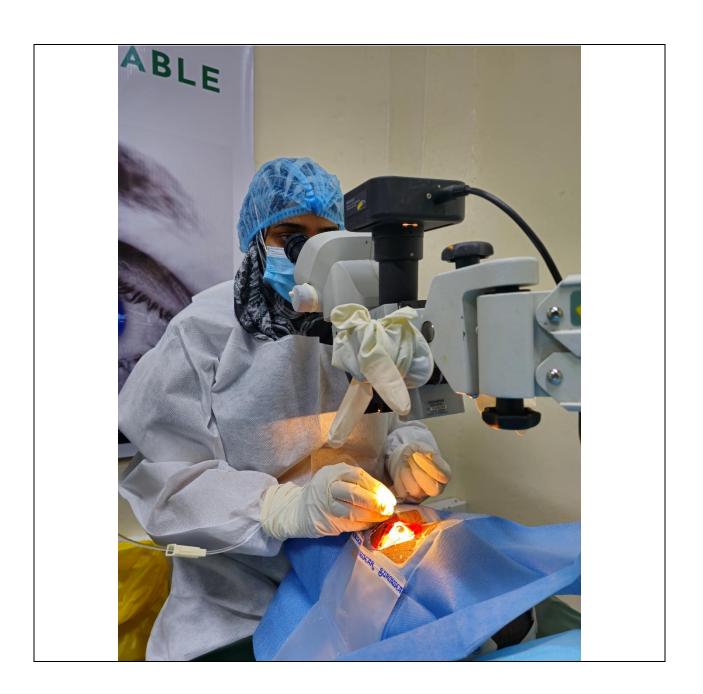






Surgeries in progress



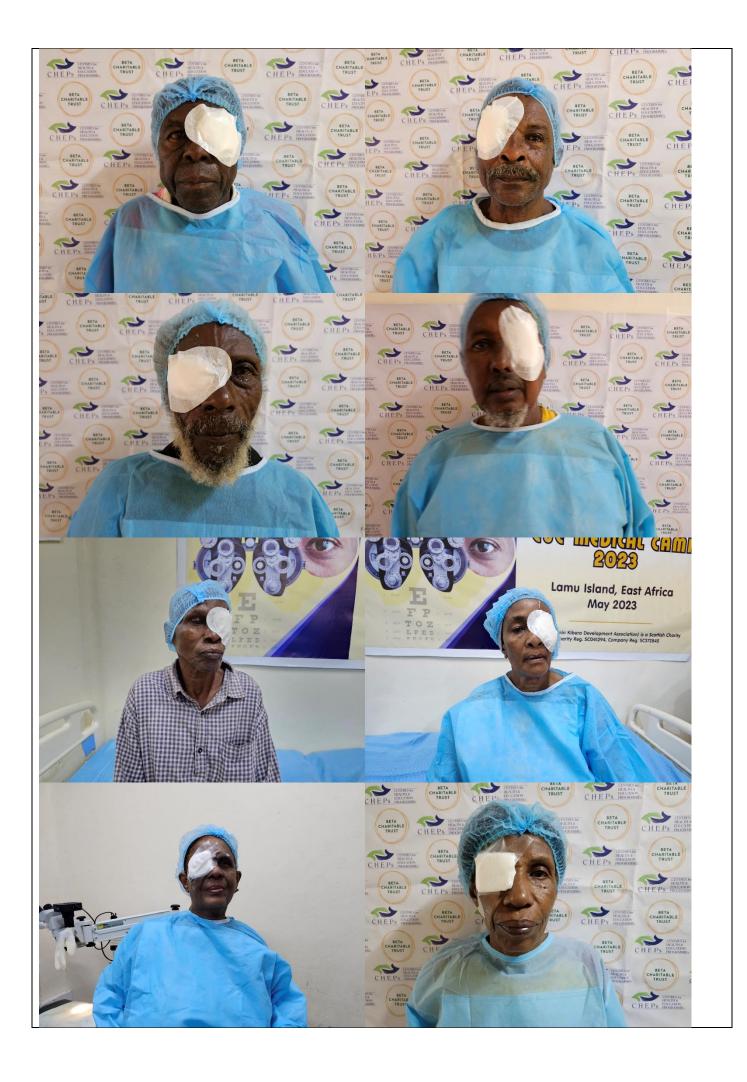


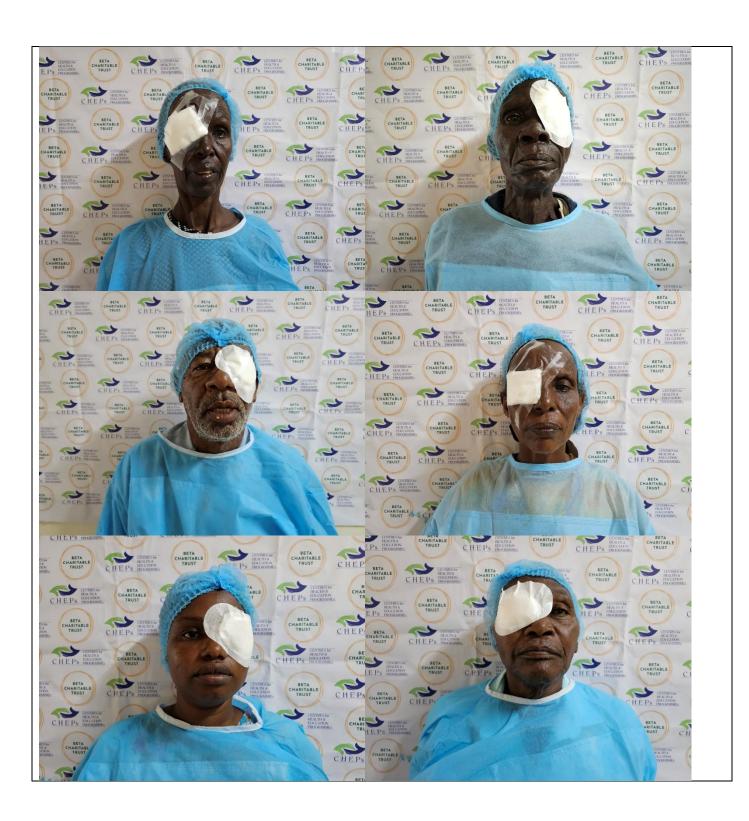


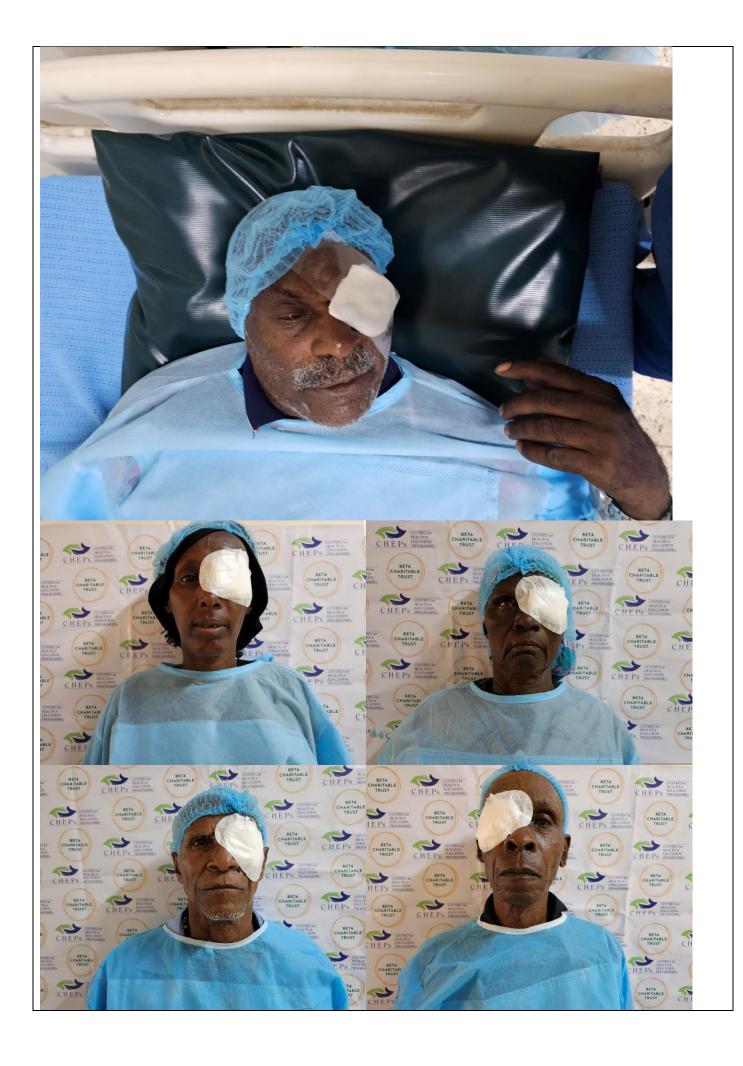
## **Operated patients**

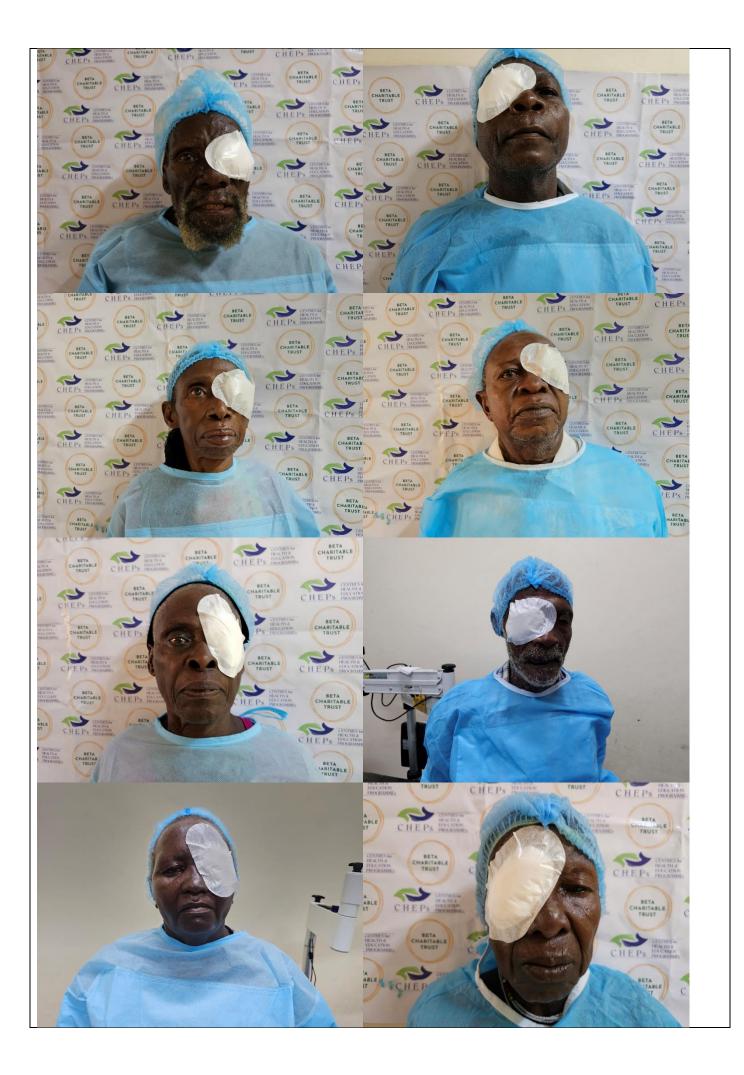


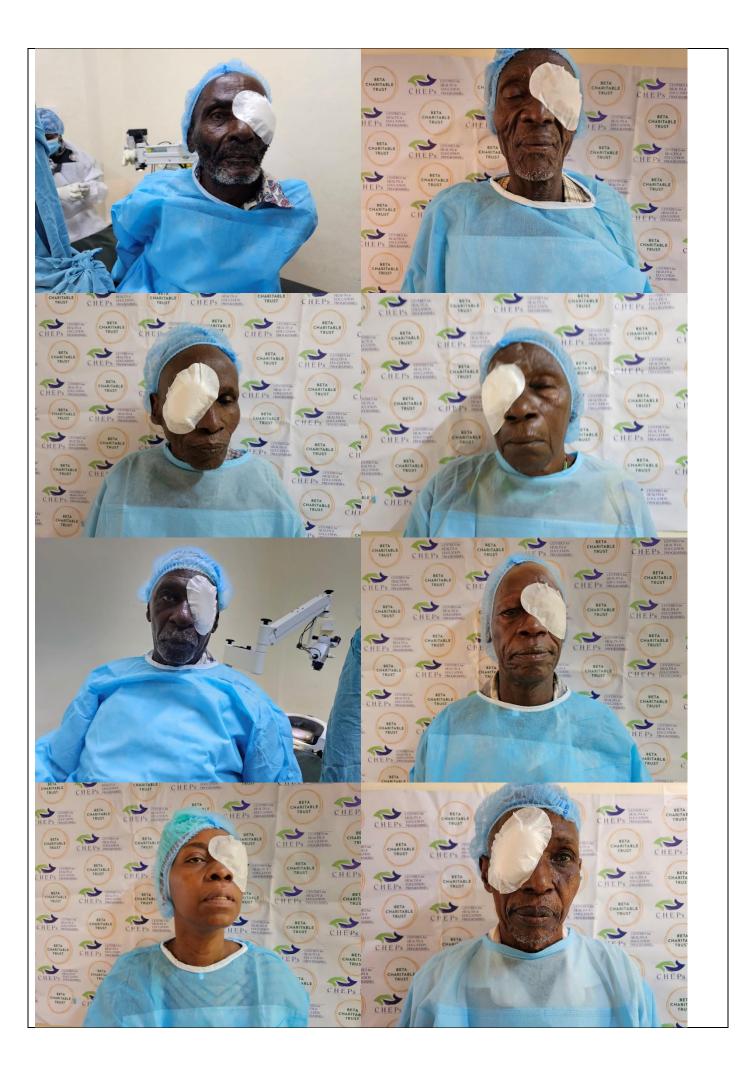


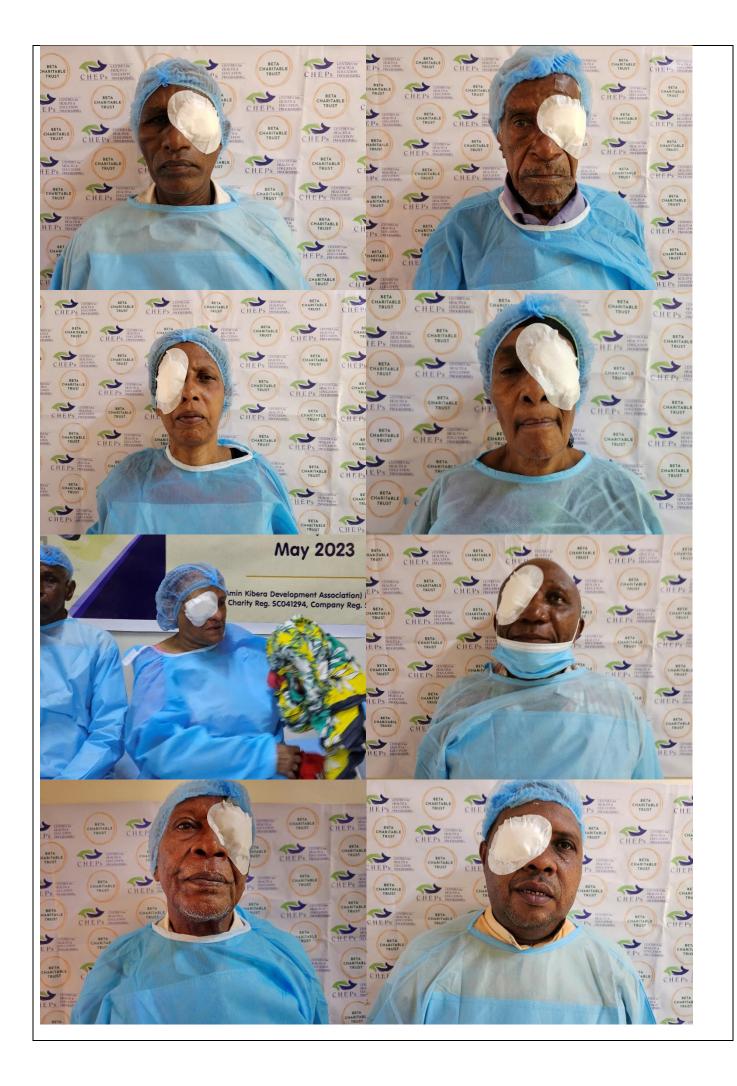












## Acknowledgement

We are grateful to Beta Charitable Trust for sponsoring this camp. The support went a long way in providing much needed ophthalmic services to over 500 men, women and children of Lamu County, thereby restoring their vision and empowering them as well as equipping medical students with ophthalmic skills. We look forward to more collaboration in future.

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